

# fit 4 Kidz 2016 CHEER Camp

---

**Dates:** July 18-22

**Times:** 9am-12noon

**Cost:** \$125

**What:** For Girls 5+ who want to learn to be a Cheerleader or Pom and have fun!

- Cheer and Pom Dancing
- Cheer Jumps
- Cheer Stunting
- Tumbling
- Cheer Routines
- Crafts: Will make cheer hair bows, pom poms, decorate T-shirts
- Performance on last day; parents welcome

**What to wear/bring:**

- Wear comfortable shorts and Tshirt
- Bring snack / drink / waterbottle

